



Iowa Range

scattered throughout Iowa in suitable habitats

Bibliography

Iowa Department of Natural Resources. 2001.
Biodiversity of Iowa: Aquatic Habitats CD-ROM.

water horehound

Lycopus americanus

Kingdom: Plantae
Division/Phylum: Anthophyta - flowering plants

Features

Water horehound is a perennial herb. It has upright, unbranched stems that are smooth, four-sided, and up to one foot tall. The simple, lance-shaped leaves are arranged opposite each other on the stem. They are toothed, smooth, and up to 3 1/2 inches long. The small, white flowers are found at the base of the leaves. Fruits are nut-like and about one-twelfth inch long.

Natural History

Water horehound grows in wet soil. It flowers from July through September. It is uncommon in the Paleozoic Plateau (northeast) and frequent to common elsewhere in the state.

Habitats

natural lakes and prairie marshes; wet prairies and fens

Iowa Status

common; native